

# Internet Safety



## Why?

Protect your:

- Personal safety
- Identity safety
- Future opportunities with college admissions and employers

**\* THINK BEFORE YOU POST / TWEET \***

Some things you need to know:

- Guard identifying information like full name, age, sex, address, school or team.
- Don't broadcast personal information like break-ups or crushes. Too much sharing can lead to cyber bullying and ridicule.
- Don't post anything that could be embarrassing or expose you to danger.
- Schools, teachers, employers and other adults look at social networking sites—don't post anything you don't want an adult to see.
- Always set privacy controls on any site that allows it – like Facebook!
- Chat room and other social networking “friends” are not always who they say they are. Never agree to meet off-line!
- Make your username and online profile generic and anonymous.
- Create a safe password combining letters, numbers and special characters and do NOT share it.
- Don't add strangers to your list.
- Responsible adults don't pursue relationships with teens.
- Sexting is a criminal offense if you are under 18 years old.
- Texting while driving = accident.
- Report cyber bullying to a responsible adult and print off any “bullying” evidence.